

Information for Parents – Llangrannog 2023

Kit List.

Sleeping bag/Pillow (Pillows are provided but some children like to take their own)

Night clothes, Wash Towel and toiletries (no Aerosol sprays please by request of the Urdd Camp)

Clothes for activities to include warm fleece or jumper, all activities require long sleeve tops even if the weather is very hot. (Children cannot take part in activities if they do not wear the correct clothes.) T shirts are fine for the evening.

Long hair must be tied up, so plenty of bobbles needed and jewelry cannot be worn on activities (Any earrings must be removed independently).

Waterproof Coat with a hood, waterproof trousers (only if you have them and wet weather is forecast)

Sun hat/cap (extreme weather!) sun lotion if it looks likely to be hot.

Tracksuit bottoms/leggings or jeans are fine but not their best clothes as we may get dirty!

Gloves are essential for skiing and tobogganing.

Swimwear and towel **in a separate carrier bag please.**

Old trainers or shoes that your child will be comfortable walking in (new one's sometimes cause blisters which will spoil the fun!)

Disco clothes!!!

Please ensure all your child's belongings are named, we know this is time consuming but it will help in returning lost items or if another child has a similar item.

Mud adventure - in a separate black bag please. - A long sleeve top and leggings or tracksuit bottoms are ideal for this activity, as well as a complete set of underwear, children will be in mud and water, its lots of fun but a thin layer of old clothes that can be thrown away is ideal for this activity, Shoes could be old trainers or daps that again could be thrown away or bagged up to bring home.

Try and get your child to help pack, this will make them more independent when they are in control of their own belongings.

Pocket Money.

The children will have the opportunity to visit the Urdd shop, the shop sells sweets and small gifts.

We may visit the local beach shop for ice-cream / chips.

During the weekend the children will not have any other necessity for money, constant drinks and food are available, no more than £15 spending money please. (Money to be put in a named purse/wallet please and handed to staff when arriving at school for safe keeping.)

Please no mobile phones or electronic games or anything that requires a plug (Urdd Camp do not allow on health and safety grounds); they will be on the go continuously and fully entertained!

Communication Via Dojo

Staff will attempt to upload photos on Dojo and Twitter however we will not be communicating with families. If you don't see your child in every photo please do not panic. They will be busy having fun! If we do not reply it is because the staff are busy keeping all the pupils safe and well looked after.

Should we need to contact you we will do so on your emergency contact number provided on your health forms, if this changes between now and the trip, please update staff.

Penyreglyn staff are on call 24hrs a day for the children during the weekend, as well as the Urdd camp staff. Should you need to contact us at the camp for any reason, messages can be left for us to contact you on 01239 652140.

Medication

Any medication your child takes e.g. asthma pumps, travel sickness tablets, need to be in a named sandwich/plastic bag with a school trip medical form of permission and instructions, please provide to staff on departure day.

We hope this has been helpful

Many thanks

Penyreglyn Staff.