

Manor Adventure 2022 - Information for Parents

Kit List.

A wheel bag or suitcase, the coach will drop us off at the end of the hotel drive so the less the children have to carry the easier it is for them.

Sleeping bag/Pillow and pillow case (Where possible please pack these in the main bag so it is easier to carry.)

Night clothes/ slippers, Wash Towel and toiletries (no Aerosol sprays please.)

Extra lightweight towel for water activities.

Water/ drinks bottle.

Lip balm is a good idea if weather is cold/ hot.

Lots of spare plastic bags or black sacks for muddy or wet clothes, at going home time.

Outdoor Clothes for activities.

A Waterproof Coat with a hood and waterproof trousers, walking shoes or sturdy waterproof trainers are essential, most activities will require these.

Fleece/ sweatshirt x3 (as all activities may get wet and muddy.)

Old jogging bottoms/ warm leggings not jeans (x3)

Long sleeve t shirts are essential for all activities (Skins under T Shirts are fine).

Hat and gloves for cold/ hot weather and activities.

Underwear

Socks x6

If it's very cold weather then layers of light clothing, underneath waterproofs will be ideal.

Indoor

Boots and trainers will be left in the boot room so children will require indoor lightweight shoes that are easy to get on and off (This could be slippers/ extra trainers or crocs.

Joggers/leggings/lightweight fleece and t shirts for meal time or during free time.

Extra underwear in case of wet and muddy during the day.

Please name all items including shoes/boots, we know this is time consuming but it will help your child to be independent and to return lost items. All waterproofs can be kept in a drying room, just for our school so they are ready for the next day.

Try and get your child to help pack, again this will make them more independent when they are in control of their own belongings and they are aware of what is in their case/bag.

There are not any lifts at the hotel, so each child will be responsible for carrying their own bag. (Possibly up several flights of stairs.)

Pocket Money.

During the weekend the children will not have any necessity for money, constant drinks and food are available. However, no more than £5 spending money in loose change please, as there are vending machines in some areas. (Money to be put in a named purse/wallet please.) Midnight snacks are of course, acceptable but please no nuts as we know we have some children with allergies.

Please do not pack mobile phones or electronic games as they will be on the go continuously and fully entertained! Manor adventure have a policy not to allow anything that needs plugging in, in any child's room. The school email message system will be used to update you of our arrival or important messages, as well as your child's google classroom account. (You will need your child's class google log in details to access whilst we are away for updates.)

The mobile signal is poor and staff will try to update Dojo staff are on call for the children at all times during the weekend, as well as the camp staff. Should you wish to contact us the Manor Adventure number for emergencies is 01584 861333 to leave a message for staff. School can be contacted during normal school hours should you have a query and they will contact us.

Health Forms

These are really important please answer the questions thoroughly and sign.(Both yourself and your child.)

If there is anything else you wish to let us know in confidence please contact us before the trip or send a note. We want all the children to have a really great time and sometimes just a small thing can make all the difference.

Medication

Any prescribed medication your child takes e.g. asthma pumps need to be in a named clear sandwich bag with a school permission and instructions form (These are available from the office prior to the trip and is a local authority requirement.) please provide to staff on departure day. Travel sickness tablets will also require a medication form in a clear sandwich bag and handed to staff with instructions.

We hope this has been helpful

Many thanks

Penyreglyn Staff